

School health awards launched

Parikrma Humanity Foundation, a non-profit organization working in the field of education for the under-served, is inviting all schools in Bangalore to participate in the 'Parikrma Address School Health Awards'. This award will recognize innovative health practices implemented by schools in Bangalore. Registration for the award begins on December 10, 2014. This award will be an annual school feature, starting this academic year, for schools in Bangalore. Since health is defined as "A state of complete physical, mental and social well-being and not merely the absence of disease or infirmity" by the World Health Organization, the Address School Health Awards will constitute the following categories:

- School with an active programme for counselling & mental health.
- School with an innovative health education curriculum.
- School which has a physical activity for healthy living programme in place.
- School encouraging good nutrition prac-

tices.

- School encouraging good personal hygiene practices.

- School having a programme to prevent substance abuse, tobacco, alcohol use.

- School which has an innovative child safety programme in place.

- School which has prioritized timely health check-up and follow up activities.

- School whose students have promoted health & sanitation in the community.

- School which promotes the health of its staff members.

- School innovating to deliver in-school health services.

- School which is fostering a healthy school environment (Physical & Social)

An exclusive portal www.school-healthawards.com has been set up, where schools can either apply online or download the application form and send it by post to Parikrma Humanity Foundation. There are

no registration or participation charges. The last date for sending the applications is January 10, 2015.

Schools will be shortlisted for various award categories by a pre-nominated jury which consists of respected doctors, educationists, social workers and other eminent people from various walks of life. Schools which are rated high in jury rankings in more than one category will qualify for the overall 'Healthy School' award. Announcing the award, Shusla Bose, CEO Parikrma Foundation said, "Over the last 11 years that we have been running our four schools and college, we have learnt that health is an important ingredient for children's achievement, both in academic, sports and social skills and schools need to give it adequate attention. Parikrma, through this school health awards, hopes to create awareness amongst schools that wholesome health of children is a matter of concern and needs to be addressed.

The Parikrma Address School Health Awards ceremony will be held on February 7, 2015.

