



Parikrma
Humanity
Foundation

Annual Review 2018-19





Dear Friends,

Parikrma was started in 2003 with the audacious idea of changing the national conversation and the world narrative about how poor children can be educated. Our four schools, college and teacher training centre have been our incubation labs for all our new ideas for the last 16 years. We have proven that attendance and drop out of students is never really a problem if the children like coming to school. Therefore when I was asked to be the Chairperson of the Task Force in the Knowledge Commission to draft the State School Education Policy under the stewardship of Dr Kasturirangan, I took up this responsibility with great enthusiasm. I am proud and honored to see that the National Education Policy 2019 has incorporated many of the suggestions we had made in Karnataka. When I spoke about it to one of the authors of the NEP I was told very clearly that their visit to a Parikrma school showed them what could be done in schools to reform education. Each school can be an agent of change and influence policy. The National Education Policy 2019 has taken some bold steps in outlining the problem of our existing education system and worked out ways to overcome it.

Dr Kasturirangan has said that our education system did not need just improvement it needed to be overhauled. NEP states that early childhood education is most important because this is the stage when the foundation is laid not only for knowledge but also for values. This is the first policy that actually addresses the need to have children happy in school. We have been saying this for a very long time but it has always been considered rather esoteric and nebulous. Our motto of Love, Explore and Excel is the cornerstone of Parikrma success but till now no veteran academic would consider teaching children how to love as a serious objective of education.

Acquiring knowledge and measuring it with marks has always been given more priority in the past. This has led to over emphasis on examination performance and over time our education system has become mindless rote learning where memory has dominated rather than actual understanding of concepts. From the very beginning Parikrma has moved away from rote learning to an extent where we did not even have text book in the initial years because teachers were compelled to be creative and children were forced to be critical. Parikrma also took a stand that all children do not have to excel in academics as long as they find what interests them and are willing to work towards it. It is therefore no surprise that so many of our students have discovered their talent and passion in sports and art. We have therefore students in Parikrma Football Club A Division, athletes that are winning laurels, and many studying sports management. We also have students studying animation, product design and design coding. Those that are interested in academics are being encouraged to pursue their dreams and we have them apply for CET exams and even prepare for IIT. We have alum as actors who have launched two movies so far, some managing entertainment in a cruise liner and a few churning up gourmet meals in five star hotels. And all this has happened because we allowed them to be happy, free and confident to integrate with mainstream.

I am so happy that NEP 2019 has finally understood the true potential of children and acknowledged the fast moving pace of their world. NEP advocates a policy that will allow Indian children to be independent individuals rather than a mere number in the herd of our growing populous. If any one wants proof that this policy can work I would happily invite them to come and see what is happening in the Parikrma schools. In a country where the national conversation revolves around unemployment we can proudly say that 100% of our students are not only employed themselves, but are also creating jobs for others. This has happened because we have people like you who have believed in us and supported us from Day One. The journey has just begun and much more to do not just in Bangalore but the entire country. Please be with us till the end.

Warm regards,


Shukla Bose
Founder-CEO

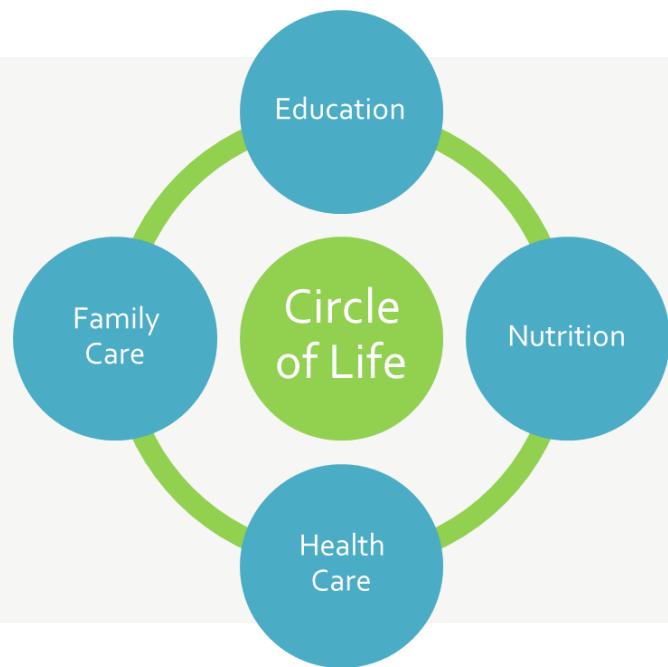
THAT'S US!



Founded in the year 2003, Parikrma Humanity Foundation started as a roof-top school in Bengaluru with 165 students. Today, 2000 students from 4 orphanages and 100 slums receive high-quality English medium education at Parikrma's 4 schools and a Junior College.

THE CIRCLE OF LIFE

High quality CBSE education, health care and community support to each child - right from age 5 to age 25.
Donations and sponsorships for admissions in best universities and mentoring up to age 25.



1%

Drop-out rate

ONLY AT PARIKRAMA

96%

Average attendance

Our alumni are

100%

employable!



SETTING AN EXAMPLE

For the next 4 years, each year, we will highlight our best practices that sets as an example, and demonstrates how a few of these have enabled us to testify a workable, sustainable, successful education model, further offering framework and evidence for policy making.

OUR YEAR-ROUND TEACHER TRAINING INITIATIVES:



A 15-day teacher training and orientation program to help sensitise and train teachers for a highly joyful year packed with loads of new learnings and experiences.

Teachers attend the Inward Change Conference and the Group Relations Conference - two separate programmes organized for teachers every year. The conference is an outbound residential programme held over 10 days each year, and all teachers are given equal opportunities to be a part of this learning module. Through these unique programmes, teachers are exposed to various alternatives to optimize personal effectiveness.

The Personal Growth Lab (PGL): In association with reputed organisations, the PGL program is being introduced to train teachers. It is important to instill in a teacher, through education and personal example.

In-house training: Every month, training on various learning, innovative modules and methods are conducted in the school for the teachers. Workshops and field trips are also held.

Our teachers attend education conferences across the country regularly to gain insight into the current status of education practices and contribute towards policies and advocacy for better practices.

Leadership Training: To develop a second stratum of leaders in each school, promising teachers are chosen and they sit through a day's training by our Education Transformation Centre team.

This year we even had a special school psychology program organised for the teachers by Dr. Xavier Eloquin from the British Psychology Society.

THE FIRST OF FIRSTS THIS YEAR!

We have embarked on a few new journeys, taken up larger responsibilities and kick-started many new initiatives...

Parikrma Oxygen: Most of our schools are either residential houses or small establishments converted into schools. This has led to cramped classrooms and a lack of open spaces. There is no play area either in the school or within any walking distance. This has impacted the behavior of the children and we regularly witness outbursts of violence and aggressive behavior. A generous donor has donated some land in Doddhbelapur, a suburb of Bangalore city, where we hope to build and run this program. The Oxygen campus will be a temporary residential school to accommodate children of our four schools, allowing them to enjoy the space, learn in an outdoor environment and work with their hands. As part of the Parikrma Oxygen program, we will shift one of our 4 schools (Grades 5-12) by turn to this land, through the year, for a few weeks each. We will also have a professional child counsellor and psychologist who will counsel children on behavioral issues, one to one, in a non-threatening environment. Parikrma Oxygen will be a school format that has not been attempted before and can actually be a leadership model for other schools to replicate. This model will actually drive the question of the real purpose of education. Parikrma believes that the goal of education is to build the capacity in children to comprehend, and not just get good scores.



Training government teachers with SIF: In partnership with the Singapore International Foundation (SIF), Parikrma launches a collaborative program to update skills of government school teachers in Karnataka. We will be training master trainers in Science and Math for the next three years. Thousands of teachers and students from government schools will benefit from this partnership.



The Parikrma Inside™ is successfully finding its way into diverse education centres – we continue to aid government schools by arming their teachers with the best possible training programs through our Education Transformation Centre and by putting systems and highly qualified resource personnel to augment academic excellence and create inspiring leadership models. We have now adopted five government schools and over 500 children stand to benefit from this initiative.



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Girls in sports: We have taken our girls in sports initiative a step ahead by launching our own all-girls football team - The Parikrma Girls FC team and they have already played two state-level games. We are super proud of our team captain Tanvie Hans, who also won the best mid-fielder award at the Karnataka State Women's Football League.



Parikrma Changemakers: Two of our girls, Kruthi M and Senora were selected and are now a part of the Ashoka India's 9th batch of Youth Venturers for providing literacy and basic education to children of migrant construction workers in the slums. They have now formed the Parikrma Changemakers team with more alumni supporting them, and the team also won the Young Changemakers Squad and were honored with the prestigious Udvikas award by the Youth for Seva.

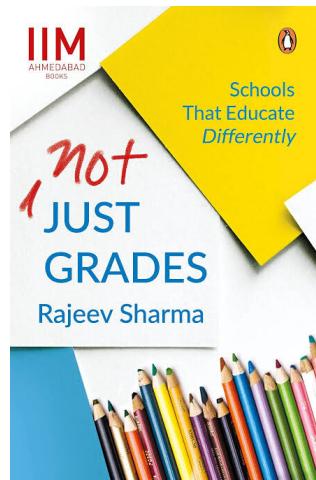


Providing literacy and basic education to the children of migrant construction labourers.

KRUTHI & SENORA

18 | Bangalore | Education





Parikrma Chapter: Parikrma is one of the chapters in the book, 'Not Just Grades, School that Educate Differently' by Rajeev Sharma, that was launched in 2018.



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Parikrma children giving back: At this year's Inventure Academy's Changemakers Challenge, one team (junior college) walked away with 20k each for making audio educational material for the blind children and the other team - The retaining innocence (creating awareness about child sexual abuse in government schools) won the first place and won 60,000 INR funding for their project.



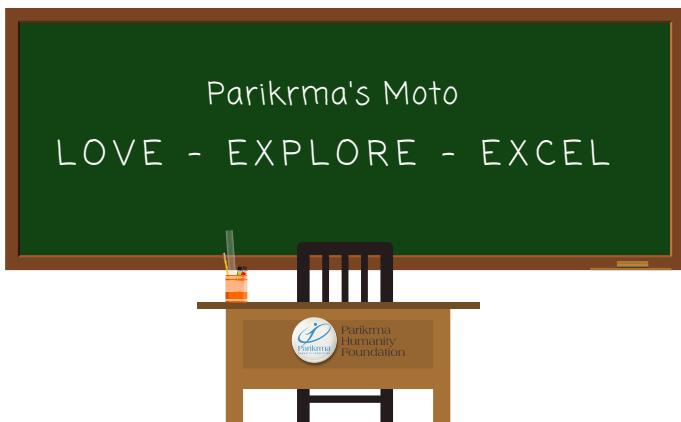
Our students visited an old-age home and interacted with the residents. Our students also assisted students at the Spastics Society with their Annual Day celebrations and programs.



Parikrma Schools win International School Awards: Two of our schools, Nandini Layout and Koramangala centres won the International School Awards by the British Council accredited for the period 2018-21. The award is a benchmarking scheme that accredits schools as having an outstanding level of support for nurturing global citizenship in young people and enriching teaching and learning.

Academic achievement: Two of our girls scored 95% and one 93% in their 10th-grade Sate Final exams. One of the girls, Kavana, even won the gold medal last year in the world taekwondo championship.

A new research paper: Our research paper, ‘Overcoming barriers to learning the Parikrma way’ authored by founder Shukla Bose and Anuradha has been published and was presented by the duo at one of the world’s largest education conferences, EDUlearn in Mallorca, Spain.



ACADEMIC REPORT

81% of our students have got through the grade X Board exams with 13 % distinction, 104 first classes

79% of our students got through the Pre-University examinations and are now pursuing various Diploma and Under-Grad Courses in various universities.

The number of first classes & distinctions both in the Grade 10 and PUC exams is increasing every year - Highest score in grade X is 95% and PUC - 92%

 Grade 10 Board exam average marks has been 81%

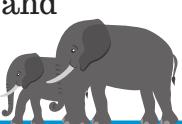
THIS YEAR'S SPECIAL EVENTS



THE FESTIVAL OF SCIENCE

This year the theme was wildlife. Over 200 schools and 5 government schools participated in the festival this year. We had a list of eminent scientists and conservationists from across the country address and conduct interactions with children talking about their interesting projects and about conservation. Beside these interactive sessions, over three days children were exposed to visits to Bannerghatta Zoo, and GVK.

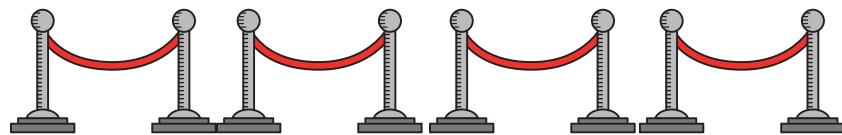


 This year we celebrated the Birdman of India - Dr Salim Ali, the first Indian to conduct systematic bird surveys across India. Dr AJT Johnsingh spoke about Dr Ali's various contributions and achievements.



Annual Day

Our 16th Annual Day celebration was a riot! It was all about time travel and loads of rap in different languages - what a fantastic performance our students put up this year, a full 1.5 hours of lovely theatre.



PARIKRMA CHAMPIONS LEAGUE

A total of 15 schools participated including 1 from Dubai and 1 from Belgaum, from Goa and government school children were given the opportunity too. The league took place on the fantastic grounds at the newly built Padukone-Dravid Centre for Sports Excellence. Chief guests were Kushal Das, General Secretary of All India Football Federation, Ariel Siedman - Deputy Consul General for the Israeli Consulate, Bangalore, George Mattackal - President. Asia Pacific, Global Delivery Centre. We thank CGI for partnering and sponsoring the entire initiative. The winners this year was the Inventure Academy



INNOVATIONS CONCLAVE WITH TATA COMMUNICATIONS

This year the chief guest was Chief Justice Venkatachalliah and Her Excellency Dana Kursh, Consul General of Israel, South India. Over 200 students participated. The panelists were Yashas Karanam (co-founder Bellatrix Aerospace), NM Prathap (youngest scientist, winner Albert Einstein Innovation Gold Medal), Dr Shannon Olsson (biologist, Fullbright scholar, Ramanujan Fellow), and CT Sadanandan (VP, CST, Tata Comm). The moderator was Dr Sandeep Shastri, political scientist. This year's winners were Government Primary & High School, Maruthinagar for the Best Innovative Idea. Parikrma won the second place and shared the entire prize money with the Saroja Academy for autistic children.

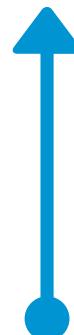


Workshops & more

The Indian Institute of Human Settlements conducted a workshop on #SDGs through games and interactions to help students understand how they can contribute to the achievement of sustainable development goals.



A complete hands-on workshop with the team from ThinkLABS - making learning science enjoyable and concretizing those fundamental concepts.

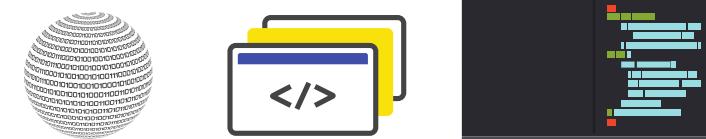


Students from I and II Year Science from Parikrma Junior College participated in the TeamIndus Foundation Open House sessions - lots of learning and valuable exposure.





Interesting coding sessions continue with NetApp India and our first-year computer science students. Our kids also completed the Toastmasters program also held by their Club. The mentors also held several workshops and career counselling sessions.



All about hygiene, menstruation, and health for women – a workshop by the Masters in Psychology students from the Indian Institute of Psychology and Research

Our girls were part of the three-day #GirlsInCode organised by the Akamai Bangalore. #girlsinSTEM

The Girls in STEM supply chain mentorship program was organised by Unheard India – the program aims to encourage girls to join the workforce in manufacturing, logistics and supply chain management.



Never a dull moment... the mentoring programme continues with Tata Communications as they continue to support Parikrma children with new-age skills. Students worked with their mentors to know more about diverse career choices. They went on to form groups and came up with different business ideas.

Mu Sigma is helping students redefine their approach to problem solving via the #Changemakers muPDNA workshop, to help bring about significant change in society by taking on problems that matter. 700 hours of planning. 50 Mentors. 80 students. 20 problems solved. This was what the Parikrma edition of #muPathshala entailed.

How to hone writing skills and create effective presentations – a workshop by Ingersoll Rand. Zakir Hussein (director, Ingersoll Rand) and his wife conducted a 8-week workshop called Wonder Child with Uranas students.

VOLUNTEER WITH US!

write to volunteer@parikrmafoundation.org

Visits & interactions with children

Students from St Odulphus Lyceum, Netherlands spent three days with our children. We also had groups of Students from the GEMS Modern Academy, Dubai and Haberdashers' Aske's School for Girls spending a week with our children and doing projects together.



Under and Post Grad students from WHU – Otto Beisheim School of Management, Düsseldorf, Karel de Grote University, Belgium and Western Michigan University visited our schools and spent time with our children.



AWARDS

Founder Shukla Bose received the Woman Achievers Award 2018 from Lakshmi Ishwar, President FICCI-FLO. She was also recognized for her contribution to the education of the poor by the State Government Schools Initiative. She was also awarded the Times Power Women 2019. She was featured in Bangalore Times as one of the Goodness Heroes in the city and was featured in as one of top Ed Influencers 2018 by ScooNews. She was also featured in the Cover of Senhora Magazine's Women's Day Special edition 2019.

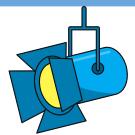
Our children qualified for the finals and made it amongst the 3 select teams in the Teen Turks Competition – a platform for entrepreneurial teens organised by Spark Careers.

Two of our boys, Tejas and Suresh received distinctions in the ISTD Imperial Classical Ballet Grade 2 examinations organised by the Lewis Ballet Foundation, India.

At the Sub-National Under-15 Football Tournament, our girls team were runners-up and the boys won the tournament title championship! Our girls were runners up at the recently held Jain International Football Tournament! Parikrma Runners Club won the Athletics Championship title at Jain International.



Talks



Shukla Bose was invited to speak at the FUSO Talks, 2018 at Tokyo on “there's a difference between being powerful and empowered”.

Bose was one of the panelists debating the State of Trust in the country and where it is headed – at the Edelman India Trust Barometer 2018 event.

She was the guest of honor at the FIFA / CIES / PILLAI Sports Conclave 2019 and was invited to speak at the Roundglass Meet 2019.

EDUCATION TRANSFORMATION CENTRE

Teachers from **560** government schools were trained in Pedagogy and English

ETC has been training Government School Teachers in Pedagogy Practices and English Language Skills and imparting Leadership Skills to Heads. They belong to 560 Government Schools situated across Bangalore North District. Post-training, the teachers are mentored by the ETC staff, who regularly visit government schools, through live class observations.



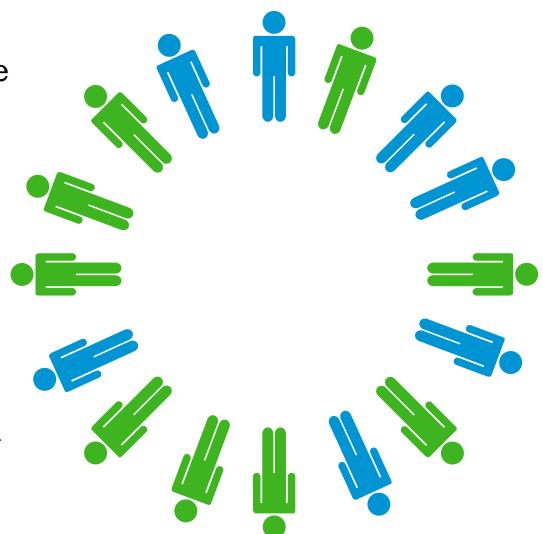
A Project in Collaboration with Singapore International Foundation is being implemented to train and create a pool of master trainers in Science and Mathematics Curriculum Enhancement from among the teachers of Government Schools as well as Parikrma Schools.

The schools covered under School Adoption and Whole School Improvement Project:
Has been implementing a Whole School Improvement Policy in Four Government Schools that have been adopted by Parikrma (Two situated in Bangalore North District and another Two in Bangalore Rural District) that intends to bring about a qualitative change in the areas of School Environment, Parent Involvement and Curriculum Delivery over the next five years.

COMMUNITY DEVELOPMENT SERVICES

THIS YEAR'S DATA

- Families able to manage basic needs on their own - **156**
- Families partially dependent on Parikrma for basic needs - **95**
- Families able to manage their livelihood on their own after Parikrma has supported them from 5 years and more - **12**
- Fathers suffering from alcoholism and attended our deaddiction program: **26**
- Help offered and assisted to fathers with severe health issues: **18**
- Family counselling offered: **35 families**
- Intervened and helped stop domestic violence - **48 families**
- We have set up two Self Help Groups: amount collected in 1: **1,56000/-** In SHG 2: **1,02400/-**
- Adult literacy and skill-building activities for mothers Via the Tata Communications program: **200 mothers participated**
- Cooking classes sponsored by FLO conducted by IIHM: **45 mothers participated**



OUR ALUMNI

Parikrma students today, are studying at distinguished universities in the city including institutes like the National Law School, BMS College of Engineering, Ramaiah College, MES College, Christ University and St Josephs College of Commerce among others.

- Phalitha works in a cruise-liner
- Rajshekhar runs a restaurant called Fresh and Fusion
- Shiva is a software engineer in Cisco
- Nikhil is a software engineer in Accenture
- Keerthi is a software engineer in Infosys
- Vinod and Shilpa work as engineers with Ingersoll Rand
- Nandini is a software engineer in IBM
- Diwakar works at Hilton
- Divya is at Hyatt
- Santosh is a chef in Marriot
- Kruthi is pursuing BCom and studying for IAS
- Irfan and Komal are running a Sports management firm
- Senora, Lahari and Varalakshmi are studying Psychology
- Lalcha is in the National Law School
- Faizal is studying Sports Management
- Robert, Gokul and Simon are studying at the Shristhi School of Design
- Nikhila is a teacher
- Rajesh is a sport instructor



Chaithra's film with an eminent Kannada film actor was releases this year (2019). She plays the female lead in the film. Her film is on a very current and critical issue of rape and its repercussions. We wish her all the best.

A few of the alumni have come together and started a sports management company called Rapt Sports. The team organised their first corporate football tournament in 2019 in collaboration with TurkPark, where 24 teams participated.

Five of our alumni have been confirmed and offered jobs at Ingersoll Rand

Our alumni pursue their dreams and how! Hemant is currently a zumba instructor teaching what he enjoys doing.

Alumni Rajesh bagged the first place in Sistine Mural (paper painting) completion held by the Kristu Jayanti College.

We are super proud of our alumni Arun who participated in the recently held 25k Ultra Marathon and finished in record time and was the first runners up!

OUR SUPPORTERS

The Parikrma model is based on long-term delivery and not short-term benefits. From the age of five when the children first come to Parikrma schools up until they graduate from a professional degree program, the engagement continues. This kind of dedicated and long-term association demands friends and donors who prefer to stay the course with Parikrma. We have received consistent support from -

- Adobe Foundation
- Ajax Engineering
- Allegion
- Allstate India
- Altair
- Ametek
- ANZ
- Batch of 1994 NMIMS, Mumbai
- Bertelsmann-Stiftung
- Bosch
- BPCL
- Cerner Corporation
- CGI
- Children, Incorporated
- Digital Literacy Foundation
- Dover
- DRI Relays
- DSP BlackRock Mutual Fund
- Education World Foundation
- Embassy Group
- Eric and Leila daCosta fund
- FANUC India
- Flipkart
- Fotis Foundation
- Freudenberg Group
- Het Odulphuslyceum
- Hinduja Foundation
- Identiti
- IIM Bangalore batch of 1996 and 1997
- Ingersoll Rand
- Jawaharlal Nehru Centre for Advanced Scientific Research
- LeeAnn and Peter Deemer
- Legacy Global Projects
- Let's Do Some Good Foundation
- Melissa EspositoMenda Foundation
- Mfine.co

- Ness Technologies
- Netapp Inc
- Paul Edwards
- Rohini Gadhiok Foundation
- Sabre Travel Technologies
- Saint Gobain India Foundation
- Saraswathi Memorial Trust
- SBI Life Insurance
- Shanath Krishnamurti Foundation
- Silicon Valley Community Foundation
- Singapore International Foundation
- Small Steps Foundation
- Subramaniam Academy of Performing Arts
- Syniverse
- Synopsis Foundation
- Tally Solutions
- Tata Communications
- The Learning Society
- Thomson Reuters
- Toyota Motor-sales USA
- Trelleborg
- United Health Group
- Walmart Labs
- WHU - Otto Beisheim School of Management
- Yahoo! Employee Foundation India - OATH



THANK
YOU

There are also many individuals who have stood shoulder to shoulder with Parikrma in this extraordinary odyssey. Other friends who have helped Parikrma keep its marketing costs low include Indian Institute of Science, Phase 1, Universal Legal Advocates by generously donating their time and expertise on a pro bono basis.